

As a person,  
my job should be:

to first, see the roots of suffering;  
second, do no harm;  
third, share;  
fourth, help;  
and fifth, optimize health and wealth.

I acknowledge

that I sometimes do not use powerful enough [or even the basic] **tools** [goods and/or services] to see the roots of suffering.

I acknowledge that even if I have seen the roots of suffering,

that I sometimes do not use powerful enough [or even the basic] **tools** [goods and/or services] to do no harm.

I acknowledge that even if I have done no harm,

that I sometimes do not use powerful enough [or even the basic] **tools** [goods and/or services] to share.

I acknowledge that even if I have shared,

that I sometimes do not use powerful enough [or even the basic] **tools** [goods and/or services] to help.

And I acknowledge that even if I have helped,

that I sometimes do not use powerful enough [or even the basic] **tools** [goods and/or services] to optimize health and wealth.

Therefore, I,

as a *valued* member of my glocal communities,

[rural to urban; on earth +/- on the internet]

am obligated - to some extent -

[and for some amount of time / some number of people]

to alleviate suffering

in the meantime

while I search for and/or build  
so that I can then begin using  
powerful enough tools.



**\*Star is a tool for optimizing  
health and wealth.**

**\*Star is:**

Who am I?

What is/are my job(s)?

To what extent am I using tools for communication optimally?

To what extent am I consuming food optimally?

To what extent am I consuming art optimally?

To what extent am I hearing truth?

(-) To what extent am I greedy?

(-) To what extent am I angry?

(-) To what extent am I ignorant?

(-) To what extent am I attached to non-living things?

To what extent am I connected with other living things?

To what extent do I *trust* myself?

To what extent do I *trust* my family?

To what extent do I *trust* my community?

To what extent am I seeing truth?

To what extent am I producing art optimally?

To what extent am I producing food optimally?

To what extent am I using tools for transportation optimally?

To what extent am I using tools for recycling optimally?

To what extent am I using tools for recreation optimally?

To what extent am I using tools for resuscitation optimally?

To what extent am I resting?

Where am I on earth?

Of which communities am I a *valued* member and who is/are my *trusted* leader(s)?



If,  
as a person,  
my job **[on the internet]** were today:

to first, go home [and question];  
second, **(e)valuate** [using \*Star] **my** [and others'] **glocal trusts** [communities +/- (corps. of) persons +/- families];  
third, find [on maps] people who need help (the most)...  
...and fourth, connect with people who can give (the most) help;  
fifth, build my networks of glocally **trusted** [community +/- (corp. of) person(s) +/- family] **leaders**;  
and sixth, communicate [and question];

If,  
as a person,  
my job **[on earth]** were today:

to first, communicate [and question; and eat!];  
second, build my networks of glocally **trusted** [community +/- (corp. of) person(s) +/- family] **leaders**;  
third, find [on maps] people who need help (the most)...  
...and fourth, connect with people who can give (the most) help;  
fifth, **valuate** [using \*Star] **my** [and others'] **glocal trusts** [communities +/- (corps. of) persons +/- families];  
and sixth, go home [and question; and eat!];

**then I would live in peace today  
with better tools [and less suffering] tomorrow.**





# A home

with a shower, a toilet, and a bathroom sink,  
a bed,  
and a kitchen sink, an oven, and a stove;

**and food**

**that is grains, legumes, and nuts/seeds,**  
**fruits/vegetables, salt, and herbs/spices,**  
**and water, air, and light;**

**and an eye**

**and**

**a (corp. of) person(s)**

**are basic tools.**

Too much ignorance,  
too much anger,  
and too much greed;

and

too little self *trust*,  
too little family *trust*,  
and too little community *trust*;

**too much attachment to  
non-living things**

**and**

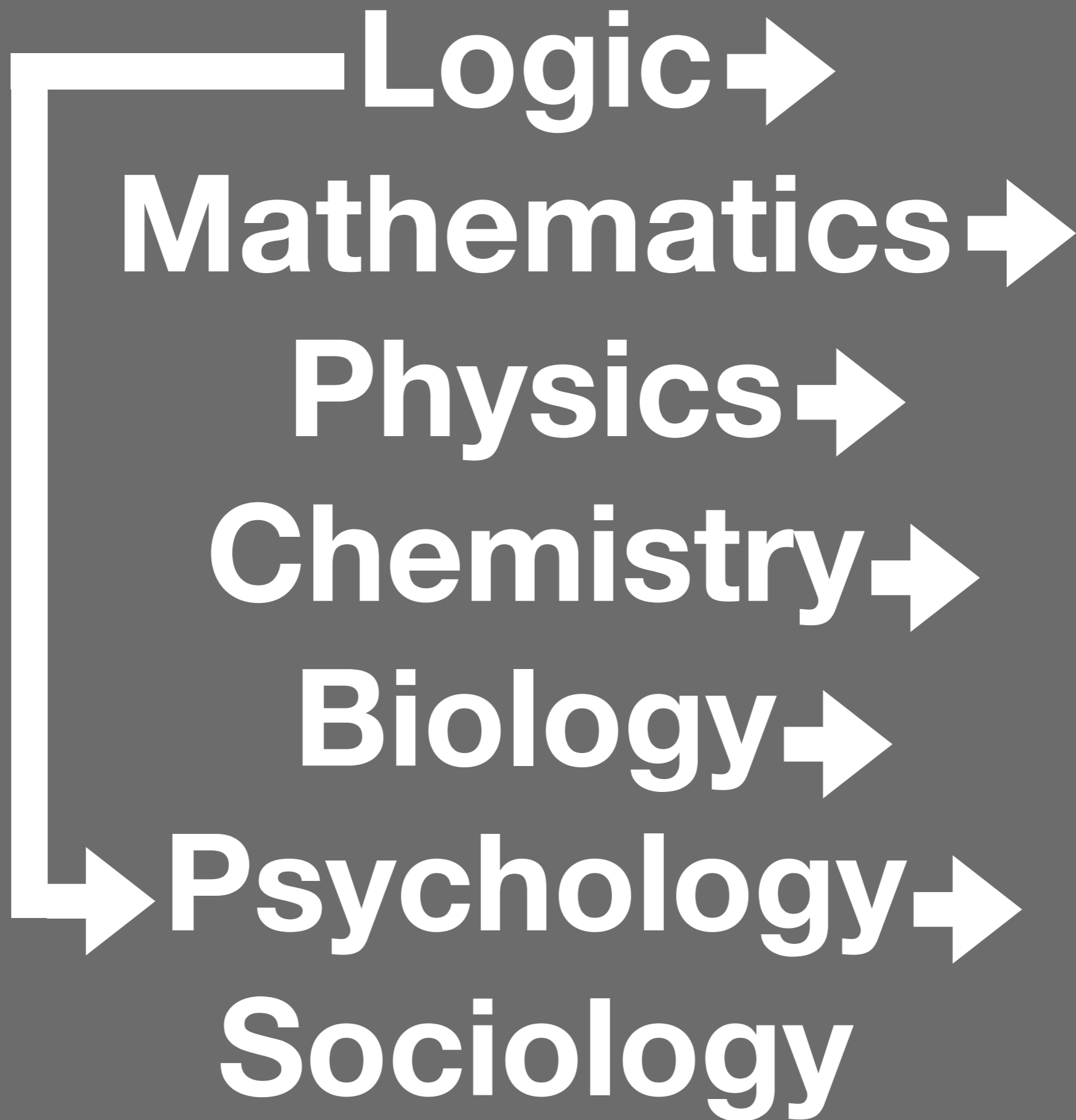
**too little connection with  
other living things;**

**and suboptimal communication**



**are roots of suffering.**





**Logic** →

**Mathematics** →

**Physics** →

**Chemistry** →

**Biology** →

**Psychology** →

**Sociology**



***Truth is to be  
communicated.***

**Communication is sharing.**

**Money is a tool for sharing.**

**Money is *valuable*.**



**Time is *valuable*.**

**Time is money.**

**Money is *trust*.**

***Truth is trusted.***



In each other we *trust.*